



OCTOBER 2023

PICKENS COUNTY ELEMENTARY SCHOOLS October Farm to School Month

Student Meal Price \$2.40
Teacher/Staff Meal Price \$4.00
Visitor Meal Price \$4.50



Monday

Tuesday

Wednesday

Thursday

Friday

2
Chicken Nuggets
Mini Pizza Bagel Rounds
Mashed Potatoes
Baby Carrots w/ Ranch

3
Beef & Cheddar Quesadilla
Yogurt Basket
Southwestern Beans
Shredded Lettuce &
Diced Tomato

4
Retro 4 X 6 Pizza
Cheese & Pepperoni
Steamed Corn
Broccoli Florets w/ Ranch

5
Backyard Grill
Cheeseburger or Hamburger
Breaded Chicken Sandwich
Sweet Potato Fries
Celery Sticks w/ Ranch
Sandwich Toppings

6
Macaroni & Cheese w/
Fish Sticks / Or
Macaroni & Cheese Bowl
Baked Beans
Creamy Coleslaw w/Diced
Green Peppers

National School Lunch Week October 9-13. Level up with School Lunch!

9
Sweet & Sour Chicken w/Rice
Game Over Grilled Cheese
Sandwich
Green Beans
Zucchini & Yellow Squash
Dippers w/ Ranch

10
Power Up Beef /Chicken
or Cheese Nachos
Southwestern Beans
Shredded Lettuce &
Diced Tomato

11
Level Up Chicken Sandwich
Multi-Player Mini Corn Pups
Fries
Celery & Bell Pepper Strips w/
Ranch
Sandwich Trimmings

12
Secret Level Spaghetti Bake
w/ Garlic Toast
You Win Fun Meals: Deli Kit
Steamed Broccoli
Baby Carrots w/ Ranch

13
High Score
Stuffed Crust Pizza
Cheese & Pepperoni
Steamed Corn
Romaine Green Salad

16
Chicken 'n Waffles w/ Syrup
Yogurt Basket
Mashed Potatoes
Baby Carrots w/ Ranch

17
Beef Tacos
Loaded Baked Potato w/ Ham &
Cheese w/Garlic Toast
Southwestern Beans
Shredded Lettuce &
Diced Tomato

18
Retro 4 X 6 Pizza
Cheese & Pepperoni
Steamed Corn
Broccoli Florets w/ Ranch

19
Backyard Grill
Cheeseburger or Hamburger
Chicken Flatbread Quesadilla
Sweet Potato Fries
Celery Sticks w/ Ranch
Sandwich Toppings

20
Cheese Stuffed Breadsticks
w/ Marinara
Hot Dog
Baked Beans
Creamy Coleslaw w/Diced
Green Peppers

23
Breaded
Chicken Drumstick
w/ Breadstick
Two-Cheese Quesadilla
Seasoned Green Beans
Cucumbers & Squash Dippers
w/ Ranch

24
Beef/Chicken or
Cheese Nachos w/Queso Chips
Southwestern Beans
Shredded Lettuce &
Diced Tomato

25
Breaded Chicken Sandwich
Fun Meals: Pizza Kit
Fries
Celery & Bell Pepper Strips w/
Ranch

26
Corn Dog
Deli Sub: Ham & Cheese
Steamed broccoli
Baby Carrots w/ Ranch
Sandwich Trimmings

27
Stuffed Crust Pizza
Cheese & Pepperoni
Steamed Corn
Romaine Green Salad

30
Chicken Nuggets
Mini Pizza Bagel Rounds
Mashed Potatoes
Baby Carrots w/ Ranch

31
Beef & Cheddar Quesadilla
Yogurt Basket
Southwestern Beans
Shredded Lettuce &
Diced Tomato

PBJ Combo Meal Available Daily



Menu includes choice of fresh & chilled fruit daily.

This institution is an equal opportunity provider.
Menu subject to change based on availability.



Meals include choice of Skim, 1% or Fat-Free Flavored Milk