



LUNCH

JANUARY 2022

PICKENS JUNIOR HIGH SCHOOL

LUNCH IS PROVIDED FOR ALL STUDENTS AT NO COST
 Teachers/Staff \$3.60
 Visitors \$4.00

Monday

3
TEACHER IN SERVICE
STAFF WORK DAY

10
 Teriyaki Chicken w/Asian Rice & Roll
 Cheeseburger Fries
 Steamed Broccoli w/ Cheese Lettuce w/ Sliced Tomato

17
MLK HOLIDAY

24
 Boneless Buffalo Chicken Wings w/ Garlic Breadstick
 Cheeseburger Crinkle Fries
 Steamed Broccoli w/ Cheese Lettuce & Sliced Tomato

31
 Chicken Nuggets w/ Garlic Breadstick
 Cheeseburger Mashed Potatoes/ Baked Beans
 Mixed Green Salad Lettuce & Sliced Tomato

Tuesday

4
 Beef Nachos w/Queso Mini Corn Dogs
 Southwestern Beans Shredded Lettuce & Diced Tomato

11
 Beef Nachos w/Queso Breaded Chicken Filet Sandwich
 Southwestern Beans Shredded Lettuce & Diced Tomato
 Lettuce & Sliced Tomato

18
 Beef or Pulled Pork Nachos w/Queso
 Corn Dog Southwestern Beans
 Shredded Lettuce & Diced Tomato

25
 Beef Nachos w Queso Breaded Chicken Filet Sandwich
 Southwestern Beans Shredded Lettuce w/ Diced Tomato
 Lettuce & Sliced Tomato

Meals include choice of Skim, 1% or Fat-Free Flavored Milk

Wednesday

5
 Chicken Quesadilla w/ Mexican Rice
 Cheese Stuffed Breadsticks w/ Marinara
 Steamed Broccoli Baby Carrots w/ Ranch

12
 Beef Steak Quesadilla Mozzarella Breaded
 Cheese Sticks w/Marinara Tater Tots
 Baby Carrots w/ Ranch

19
 Oven Fried Chicken Drumstick w/Stuffing
 Cheese Stuffed Breadsticks w/ Marinara
 Steamed Broccoli Baby Carrots w/ Ranch

26
 Country Fried Steak w/ Gravy & Roll
 Mozzarella Breaded Cheese Sticks w/ Marinara
 Mashed Potatoes Baby Carrots w/ Ranch

Thursday

6
 Spaghetti Bake w/ Garlic Toast
 Grilled Cheese Sandwich Steamed Corn
 Caesar Salad

13
 Retro Pizza Cheese & Pepperoni
 Breaded Chicken Tenders w/ Roll
 Steamed Corn Tossed Salad
 Celery Sticks w/Ranch

20
 Taquitos Grilled Cheese Sandwich
 Seasoned Green Beans Steamed Corn
 Caesar Salad

27
 Retro Pizza Cheese & Pepperoni
 BBQ Pork Sandwich Steamed Corn
 Tossed Salad Celery Sticks w/Ranch

Friday

7
 Stuffed Crust Pizza Pepperoni & Cheese
 Breaded Chicken Filet Sandwich Fries
 Cucumbers w Ranch Lettuce w/ Sliced Tomato

14
 Macaroni & Cheese w/ Fish Sticks
 Chili Hot Dog Baked Beans
 Sweet Potato Fries Coleslaw

21
 Stuffed Crust Pizza Pepperoni & Cheese
 Breaded Chicken Filet Sandwich Fries
 Cucumbers w Ranch Lettuce w/ Sliced Tomato

28
 Boom Boom Popcorn Chicken w/Asian Rice
 Hot Dog Baked Beans
 Sweet Potato Fries Coleslaw



Harvest of the month Greens

Menu includes choice of fresh & chilled fruit daily.

PBJ Combo Meal Available Daily

This institution is an equal opportunity provider.
 Menu subject to change based on availability.

