



Meals include choice of  
Skim, 1% or Fat-Free  
Flavored Milk

# MARCH 2020

## JASPER MIDDLE SCHOOL

We Proudly Support



Student Meal Price \$2.40  
Teacher/Staff Meal Price \$3.50  
Visitor Meal Price \$4.00

### Monday

2

Breaded Chicken Tenders  
w/Chicken Flavored Brown Rice  
Pulled BBQ Pork Sandwich  
Chef Salad w/Saltine Crackers  
French Fries  
Fresh Broccoli w/Ranch

### Tuesday

3

Walking Taco  
Hot Dog  
Deli Sub Combo  
Baked Beans  
Lettuce & Tomato Salad

### Wednesday

4

Retro Pizza  
Chicken & Dressing Bake  
Chicken Tender Salad w/Saltine Crackers  
Seasoned Green Beans  
Fresh Baby Carrots w/Ranch

### Thursday

5

Baked Spaghetti w/Garlic Toast  
Cheese Stuffed Breadsticks  
w/Tomato Soup  
Yogurt Combo  
Steamed Corn  
Caesar Side Salad

### Friday

6

Philly Cheese Steak Sub  
Brunch 4 Lunch  
Dutch Waffle w/  
Scrambled Eggs & Sausage Links  
Roasted Potato Tots  
Cucumber & Celery Dippers

9

Orange Chicken & Rice Bowl  
Stuffed Crust Pizza  
Chef Salad w/ Saltine Crackers  
Steamed Broccoli  
Fresh Broccoli & Cauliflower Dippers  
Fresh Baby Carrots w/ Ranch

10

Beef Nachos w/Queso Cheese  
Loaded Baked Potato w/Soft Pretzel  
Ham & Cheese or Nacho Meat  
Deli Sub Combo  
Southwestern Beans  
Lettuce & Tomato Salad

11

Chicken Nuggets  
W/Dinner Roll  
Country Fried Steak & Gravy w/Roll  
Chicken Tender Salad w/Saltine Crackers  
Mashed Potatoes  
Cucumber & Celery Dippers

12

Cheeseburger Sliders  
French Bread Pizza  
Yogurt Combo  
Steamed Corn  
Lettuce & Tomato Salad  
Caesar Side Salad

13

Crispy Chicken Filet Sandwich  
Macaroni & Cheese Bowl  
Manager's Choice Sandwich  
Sweet Potato Fries  
Creamy Coleslaw

16

Breaded Chicken Tenders  
w/Chicken Flavored Brown Rice  
Grilled Cheese w/Tomato Soup  
Chef Salad w/Saltine Crackers  
French Fries  
Fresh Broccoli w/Ranch

17

Walking Taco  
Hot Dog  
Deli Sub Combo  
Baked Beans  
Lettuce & Tomato Salad

18

Personal Pan Pizza  
Teriyaki Grilled Chicken  
w/Asian Brown Rice  
Chicken Tender Salad w/Saltine Crackers  
Seasoned Green Beans  
Fresh Baby Carrots w/Ranch

19

Chicken Pasta Alfredo Bake  
w/Garlic Toast  
Cheese Stuffed Breadsticks w/Marinara  
Yogurt Combo  
Steamed Corn  
Caesar Side Salad

20

Pulled Pork BBQ w/Texas Toast  
Brunch 4 Lunch:  
Cheese Omelet  
w/ Fresh Baked Cinnamon Roll  
Roasted Potatoes  
Cucumber & Celery Dippers

23

Boom Boom Chicken & Rice Bowl  
Stuffed Crust Pizza  
Chef Salad w/ Saltine Crackers  
Steamed Broccoli  
Fresh Broccoli & Cauliflower Dippers  
Fresh Baby Carrots w/ Ranch

24

Beef Nachos w/Queso Cheese  
Loaded Baked Potato w/Soft Pretzel  
Ham & Cheese or Nacho Meat  
Deli Sub Combo  
Southwestern Beans  
Lettuce & Tomato Salad

25

Chicken Nuggets  
W/Dinner Roll  
Mini Corn Dogs  
Chicken Tender Salad w/Saltine Crackers  
Mashed Potatoes  
Cucumber & Celery Dippers

26

Cheeseburger  
French Bread Pizza  
Yogurt Combo  
Steamed Corn  
Lettuce & Tomato Salad

27

Crispy Chicken Filet Sandwich  
Fish Sticks w/ Macaroni & Cheese  
Manager's Choice Sandwich  
Sweet Potato Fries  
Creamy Coleslaw

30

Breaded Chicken Tenders  
w/Chicken Flavored Brown Rice  
Pulled BBQ Pork Sandwich  
Chef Salad w/Saltine Crackers  
French Fries  
Fresh Broccoli w/Ranch

31

Walking Taco  
Hot Dog  
Deli Sub Combo  
Baked Beans  
Lettuce & Tomato Salad

**PBJ Combo Meal  
available daily**



**Root Vegetables  
Carrots/Beets/Radishes**

This institution is an equal opportunity provider.  
Menu subject to change based on availability.

**Menu includes  
choice of fresh  
& chilled fruit  
daily.**