

# LUNCH



## OCTOBER 2020 PICKENS HIGH SCHOOL

For a Limited Time:  
LUNCH MEAL IS FREE FOR  
ALL STUDENTS  
Teacher/Staff Meal Price \$3.50  
Visitor Meal Price \$4.00

Monday

Tuesday

Wednesday

Thursday

Friday



Harvest of  
the Month  
Squash &  
Turnips

Menu includes  
choice of fresh  
& chilled fruit  
daily.



1  
**FALL BREAK**

2  
**FALL BREAK**

5  
Breaded Chicken Filet Sandwich  
Pizza Slice  
Cheeseburger  
Crispy Fries  
Lettuce & Tomato

6  
Nachos: Offer Beef, Chicken and Pulled  
Pork w/Tortilla Chips & Queso  
Steamed Corn  
Black Beans  
Lettuce & Salsa

7  
Angus Beef Hot Dog  
Pizza Slice  
Tater Tots  
Green Beans  
Coleslaw

8  
Mozzarella Breaded Cheese Sticks  
Tacos (Beef or Chicken)  
Steamed Corn  
Refried Beans  
Broccoli Dippers w/Ranch  
Lettuce & Salsa

9  
Buffalo Chicken Dip w/Tortilla Chips  
Pizza Slice  
Corn Dog  
Baked Beans  
Smiley Fries  
Carrot Sticks w/Ranch

12  
Cheeseburger or  
Bacon Cheeseburger  
Pizza Slice  
Crispy Fries  
Baked Beans  
Lettuce w/ Sliced Tomato

13  
Nachos: Offer Beef, Chicken and  
Pulled Pork w/Tortilla Chips & Queso  
Taqitos  
Black Beans  
Shredded Lettuce & Salsa

14  
Homemade Grilled Cheese Sandwich  
Turkey & Cheese Sub or  
Ham & Cheese Sub w/Tomato Soup  
Pizza Slice  
Tater Tots/Baby Carrots w/Ranch  
Shredded Lettuce & Tomato Salad

15  
Breaded Chicken Sandwich  
Lasagna w/Garlic Breadstick  
Caesar Salad  
Sweet Potato Fries  
Celery Sticks w/Ranch

16  
Orange Kickin' Chicken & Rice Bowl  
W/Fortune Cookie  
Pizza Slice  
Steamed Corn  
Steamed Broccoli or Broccoli Dippers  
w/Ranch

Celebrate National School Lunch Week October 12 – 16 "Your Ticket to Good Nutrition"

19  
Breaded Chicken Filet Sandwich  
Pizza Slice  
Cheeseburger  
Crispy Fries  
Lettuce & Tomato

20  
Nachos: Offer Beef, Chicken and Pulled  
Pork w/Tortilla Chips & Queso  
Steamed Corn  
Black Beans  
Lettuce & Salsa

21  
Angus Beef Hot Dog  
Calzones w/Marinara  
Chicken Bake w/Roll  
Mashed Potatoes  
Green Beans  
Coleslaw

22  
Cheese Stuffed Breadsticks  
Mexican Rice Bowl  
Steamed Corn  
Refried Beans  
Broccoli Dippers w/Ranch  
Lettuce & Salsa

23  
BBQ Pork Sandwich  
Pizza Slice  
Cheeseburger  
Baked Beans  
Smiley Fries  
Carrot Sticks w/Ranch

26  
Cheeseburger or  
Bacon Cheeseburger  
Pizza Slice  
Crispy Fries  
Baked Beans  
Lettuce w/ Sliced Tomato

27  
Nachos: Offer Beef, Chicken and  
Pulled Pork w/Tortilla Chips & Queso  
Taqitos  
Black Beans  
Shredded Lettuce & Salsa

28  
Country Fried Steak w/Gravy or Country  
Fried Steak Sandwich  
Cheese Stuffed Breadsticks w/Marinara  
Mashed Potatoes  
Baby Carrots w/Ranch  
Lettuce & Tomato

29  
Cheeseburger  
Chicken Alfredo Bake w/Garlic Bread  
Caesar Salad  
Sweet Potato Fries  
Celery Sticks w/Ranch

30  
Teriyaki Chicken or Teriyaki Beef  
Rice Bowl w/Fortune Cookie  
Pizza Slice  
Steamed Corn  
Steamed Broccoli or  
Broccoli Dippers w/Ranch

Meals include choice  
of Skim, 1% or Fat-  
Free Flavored Milk

This institution is an equal opportunity provider.  
Menus subject to change based on availability.

**PBJ Combo Meal  
Available Daily**

