



OCTOBER 2021 PICKENS HIGH SCHOOL



LUNCH IS PROVIDED FOR ALL STUDENTS AT NO COST
TEACHERS/STAFF \$3.60
VISITORS \$4.00

Monday

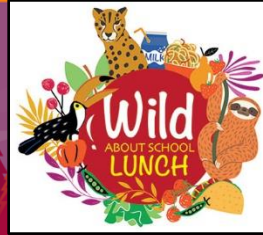
Tuesday

Wednesday

Thursday

Friday

PBJ Combo Meal Available Daily



Meals include choice of Skim, 1% or Fat-Free Flavored Milk

1
Cheesy Chicken Spanish Rice Bake w/ Garlic Toast
Pizza by the Slice/ Cheeseburger Subs/Salads/Grab'nGo Combos
Tator Tots/ Baby Carrots w/ Ranch Lettuce & Tomato Salad

4
Taquitos or Burritos
Cheeseburger/Personal Pizza
BBQ Pork Sandwich
Subs/Salads/Grab 'n Go Combos
Steamed Broccoli w/ Cheese
Broccoli Dippers / Sweet Potato Fries
Lettuce & Tomato Salad/Baked Beans

5
Nachos: Beef or Pork Or Chicken Fajita Meat w/ Chips or Flour Tortillas
Cheese Stuffed Breadsticks w/Marinara/ Hot Dog/Subs/Salads/Grab'nGo Combos
Southwestern Beans/Corn/Salsa/ Lettuce & Diced Tomato

6
Lasagna w/ Garlic Toast
Pizza by Slice
Breaded Chicken Sandwich
Subs/Salads/Grab 'n Go Combos
Seasoned Green Beans
Caesar Side Salads
Lettuce & Sliced Tomato

7
Mexican Rice Bowl: Beef, Pork or Chicken Fajita Meat & Chips
Boneless Breaded Buffalo Wings & Roll
Mozzarella Sticks w/Marinara
Subs/Salads/Grab 'n Go Combos
Black Beans/ Steamed Corn/ Carrots w/Ranch/ Lettuce & Tomato

8
BBQ Pork Plate w/ Mac & Cheese
BBQ Pork Sandwich/ Pizza Slice
Subs/Salads/Grab 'n Go Combos
Hash Brown Rounds/ Coleslaw
Carrots & Celery Dippers w/ Ranch Lettuce & Tomato Salad

Wild about school lunch!

11
**TEACHER IN SERVICE
NO SCHOOL**

12
Nature's Nachos: Beef / Pork or Chicken w/ Chips or Flour Tortillas
Cheetah Cheese Stuffed Breadsticks
Call of the Wild Chicken Sandwich
Subs/Salads/Grab'n Go Combos
Southwestern Beans/Corn/Salsa/ Lettuce & Diced Tomato

13
Camouflage Chicken & Dressing Bake
Pizza by Slice/Corn Dog
Subs/Salads/Grab'nGo Combos
Mashed Potatoes/
Seasoned Green Beans
Lettuce & Tomato Salad

14
Cougar Chicken Parmesan w/ Marinara & Garlic Toast
Pizza/Calzones/Hot Dog
Subs/Salads/Grab'nGo Combos
Steamed Broccoli
Caesar Salad or Lettuce & Tomato Salad

15
Grizzly Beef Steak Quesadilla
Jungle Chicken Tenders w/ Garlic Breadstick
Pizza by the Slice/ Cheeseburger Subs/Salads/Grab'nGo Combos
Tator Tots/ Baby Carrots w/ Ranch

National School Lunch Week October 11 - 15

18
Breaded Chicken Bites w/ Biscuit & Gravy / Personal Pizza
Cheeseburger/ BBQ Sandwich
Subs/Salads/Grab'nGo Combos
Steamed Broccoli w/ Cheese
Broccoli Dippers/Sweet Potato Fries
Lettuce & Tomato Salad/Baked Beans

19
Nachos: Beef or Pork Or Chicken Fajita Meat w/ Chips or Flour Tortillas
Cheese Stuffed Breadsticks w/Marinara/ Hot Dog/Subs/Salads/Grab'nGo Combos
Southwestern Beans/Corn/Salsa/ Lettuce & Diced Tomato

20
Sloppy Tots w/ Dinner Roll
Pizza by Slice/ Chicken Sandwich
Sub/Salads/Grab'nGo Combos
Seasoned Green Beans
Caesar Side Salads
Lettuce & Sliced Tomato

21
Mexican Rice Bowl: Beef, Pork or Chicken Fajita Meat & Chips
Boneless Breaded Buffalo Wings & Roll
Subs/Salads/Grab 'n Go Combos
Black Beans/ Steamed Corn/ Lettuce & Diced Tomato/
Baby Carrots w/ Ranch

22
Fish Tacos
Pizza by the Slice
Flatbread Turkey Club/ Subs/ Salads/ Grab'n Go Combos/ Coleslaw
Carrots & Celery Dippers
Lettuce & Tomato Salad

25
Chicken Tender Buffalo Ranch Sub
Cheeseburger/Personal Pizza
BBQ Pork Sandwich/ Subs/Salads/ Grab'nGo Combos/Fries/ Baked Beans/Celery & Grape Tomato Dippers
Lettuce & Tomato Salad

26
Nachos: Beef or Pork Or Chicken Fajita Meat w/ Chips or Flour Tortillas
Cheese Stuffed Breadsticks w/Marinara/ Chicken Sandwich/Subs/Salads/Grab'n Go Combos / Southwestern Beans/ Corn/Salsa/ Lettuce & Diced Tomato

27
Country Fried Steak & Gravy w/ Roll or Country Fried Steak Sandwich
Pizza by Slice/Corn Dog
Subs/Salads/Grab'nGo Combos
Mashed Potatoes/
Seasoned Green Beans
Lettuce & Tomato Salad

28
Chicken Alfredo Pasta & Garlic Breadstick
Personal Pizza/Calzones/Hot Dog
Subs/Salads/Grab'nGo Combos
Steamed Broccoli
Caesar Salad or Lettuce & Tomato Salad

29
Soft Tacos
Pizza by the Slice/ Cheeseburger Subs/Salads/Grab'nGo Combos
Refried Beans/ Baby Carrots w/ Ranch Lettuce & Tomato Salad



Harvest of Month
Pumpkin, Squash, Okra

This institution is an equal opportunity provider.
Menu subject to change based on availability.

Menu includes choice of fresh & chilled fruit daily.

