

LUNCH



OCTOBER 2020 JASPER MIDDLE SCHOOL

For a Limited Time:
LUNCH MEAL IS FREE FOR
ALL STUDENTS
Teacher/Staff Meal Price \$3.50
Visitor Meal Price \$4.00

Monday

Tuesday

Wednesday

Thursday

Friday



Harvest of
the Month
Squash &
Turnips

Menu includes
choice of fresh
& chilled fruit
daily.



FALL BREAK

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5
Charbroiled Beef Steak Cheeseburger
Choice of Cheese or Pepperoni
Pizza
Crispy Fries
Lettuce w/ Sliced Tomato

6
Mini Corn Dogs
Chicken Tacos
Sweet Potato Fries
Slow Cooked Baked Beans
Lettuce w/ Tomato
Salsa

7
Breaded Chicken: Popcorn or Nuggets
w/Garlic Toast
Spaghetti Bake w/ Garlic Toast
Steamed Broccoli
Baby Carrots w/ Ranch Dressing

8
Stuffed Crust Pizza
Choice of Pepperoni or Cheese
Baked Potato w/ Ham & Cheese
w/ Wheat Crackers
Steamed Corn
Celery Sticks w/ Ranch Dressing

9
Home Made Grilled Cheese Sandwich
Deli Turkey & Cheese Sub or
Ham & Cheese Sub w/ Tomato Soup
Tater Tots
Cole Slaw

12
Breaded Chicken Filet Sandwich
Choice of Cheese or
Pepperoni Pizza
Crinkle Cut Fries
Lettuce w/ Sliced Tomato

13
Nachos: Choice of
Chicken, Pork or Beef w/
Chips & Queso Cheese
Steamed Corn
Shredded Lettuce w/ Diced Tomato
Salsa

14
BBQ Pork or BBQ Chicken Sandwich
Stuffed Crust Pizza
Tater Tots
Celery Sticks w/ Ranch Dressing

15
Angus Beef Hog Dog
Orange Chicken w/ Asian Rice
& Fortune Cookie
Slow Cooked Baked Beans
Green Beans
Coleslaw

16
Mozzarella Breaded Cheese Sticks w/
Marinara Sauce
Breaded Chicken Bites w/ Roll
Broccoli w/ Cheese Sauce
Baby Carrots w/ Ranch Dressing

Celebrate National School Lunch Week October 12 – 16 "Your Ticket to Good Nutrition"

19
Charbroiled Beef Steak Cheeseburger
Choice of Cheese or Pepperoni
Pizza
Crispy Fries
Lettuce w/ Sliced Tomato

20
Corn Dog
Taqitos
Sweet Potato Fries
Slow Cooked Baked Beans
Lettuce w/ Tomato
Salsa

21
Chicken Tenders w/ Garlic Breadstick
Chicken Alfredo w/ Garlic Breadstick
Steamed Broccoli
Baby Carrots w/ Ranch Dressing

22
Stuffed Crust Pizza
Choice of Pepperoni or Cheese
Baked Potato w/ Ham & Cheese
w/ Wheat Crackers
Steamed Corn
Celery Sticks w/ Ranch Dressing

23
Macaroni & Cheese Bowl
Macaroni & Cheese w/ Fish Sticks
Tater Tots
Coleslaw

26
Breaded Chicken Filet Sandwich
Choice of Cheese or Pepperoni
Pizza
Crinkle Cut Fries
Lettuce w/ Sliced Tomato

27
Nachos: Choice of
Chicken, Pork or Beef w/
Chips & Queso Cheese
Steamed Corn
Shredded Lettuce w/ Diced Tomato
Salsa

28
Philly Cheese Steak Sub
Country Fried Steak w/ Gravy & Roll
Mashed Potatoes
Celery Sticks w/ Ranch Dressing

29
Angus Beef Hot Dog
Teriyaki Chicken w/ Asian Rice &
Fortune Cookie
Baked Beans
Green Beans
Coleslaw

30
Cheese Stuffed Breadsticks w/
Marinara
Choice of Stuffed Crust Pizza
Pepperoni or Cheese
Broccoli w/ Cheese Sauce
Baby Carrots w/ Ranch Dressing

Meals include choice
of Skim, 1% or Fat-
Free Flavored Milk

This institution is an equal opportunity provider.
Menus subject to change based on availability.

PBJ Combo Meal
Available Daily

