



# OCTOBER 2021

## PICKENS JUNIOR HIGH SCHOOL



LUNCH IS PROVIDED FOR ALL STUDENTS AT NO COST  
TEACHERS/STAFF \$3.60  
VISITOS \$4.00

Monday

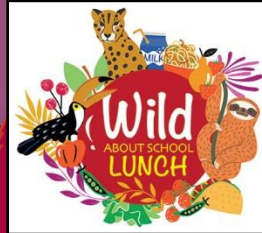
Tuesday

Wednesday

Thursday

Friday

**PBJ Combo Meal Available Daily**



Meals include choice of Skim, 1% or Fat-Free Flavored Milk

Macaroni & Cheese w/ **1**  
Fish Sticks  
Hot Dog  
Baked Beans  
Sweet Potato Fries  
Coleslaw

**4**  
Popcorn Chicken w/ Biscuit & Gravy  
Cheeseburger  
Mashed Potatoes/ Baked Beans  
Mixed Green Salad/  
Lettuce & Sliced Tomato

**5**  
Beef or Pulled Pork  
Nachos w/Queso  
Mini Corn Dogs  
Southwestern Beans  
Shredded Lettuce & Diced Tomato

**6**  
Cheesy Chicken  
Spanish Rice Bake  
Cheese Stuffed Breadsticks w/  
Marinara  
Steamed Broccoli  
Baby Carrots w/ Ranch

**7**  
Taquitos  
Grilled Cheese Sandwich  
Seasoned Green Beans  
Steamed Corn  
Caesar Salad

**8**  
Stuffed Crust Pizza  
Pepperoni & Cheese  
Breaded Chicken Filet Sandwich  
Fries  
Cucumbers w Ranch  
Lettuce w/ Sliced Tomato

*Wild about school lunch!*

**11**  
**TEACHER IN SERVICE  
NO SCHOOL**

*Black Bear* Beef Nachos **12**  
w/Queso  
*Cheetah* Chicken Filet Sandwich  
Southwestern Beans  
Shredded Lettuce w/  
Diced Tomato

*Cougar* Country Fried Steak **13**  
w/Gravy & Roll  
*Monkey* Mozzarella Breaded  
Cheese Sticks w/ Marinara  
Mashed Potatoes  
Baby Carrots w/ Ranch

*Rain Forest* Retro Pizza **14**  
Cheese & Pepperoni  
*Wildlife* BBQ Pork Sandwich  
Steamed Corn  
Tossed Salad  
Celery Sticks w/Ranch

*Bengal Tiger* Boom Boom **15**  
Chicken Rice Bowl  
*Hungry Hippo* Hot Dog  
Baked Beans  
Sweet Potato Fries

**National School Lunch  
Week October 11 - 15**

**18**  
Chicken Nuggets w/  
Garlic Breadstick  
Cheeseburger  
Mashed Potatoes/ Baked Beans  
Mixed Green Salad  
Lettuce & Sliced Tomato

**19**  
Beef or Pulled Pork  
Nachos w/Queso  
Corn Dog  
Southwestern Beans  
Shredded Lettuce & Diced Tomato

**20**  
Chicken Quesadilla w/  
Mexican Rice  
Cheese Stuffed Breadsticks w/  
Marinara  
Steamed Broccoli  
Baby Carrots w/ Ranch

**21**  
Spaghetti Bake w/  
Garlic Toast  
Grilled Cheese Sandwich  
Seasoned Green Beans  
Steamed Corn  
Caesar Salad

**22**  
Stuffed Crust Pizza  
Pepperoni & Cheese  
Breaded Chicken Filet Sandwich  
Fries  
Cucumbers w Ranch  
Lettuce w/ Sliced Tomato

**25**  
Teriyaki Chicken w/  
Asian Rice & Fortune Cookie  
Cheeseburger  
Crinkle Fries  
Steamed Broccoli  
Lettuce & Sliced Tomato

**26**  
Beef Nachos w Queso  
Breaded Chicken Filet Sandwich  
Southwestern Beans  
Shredded Lettuce w/  
Diced Tomato  
Lettuce & Sliced Tomato

**27**  
Beef Steak Quesadilla  
Mozzarella Breaded  
Cheese Sticks w/Marinara  
Tator Tots  
Baby Carrots w/ Ranch

**28**  
Retro Pizza  
Cheese & Pepperoni  
Breaded Chicken Tenders w/ Roll  
Steamed Corn  
Tossed Salad  
Celery Sticks w/Ranch

**29**  
Macaroni & Cheese w/  
Fish Sticks  
Chili Hot Dog  
Baked Beans  
Sweet Potato Fries  
Coleslaw



**Harvest of Month**  
**Pumpkin,  
Squash,  
Okra**

This institution is an equal opportunity provider.  
Menu subject to change based on availability.

**Menu includes  
choice of fresh  
& chilled fruit  
daily.**

