



# OCTOBER 2023

## PICKENS HIGH SCHOOL

Celebrate October Farm to School Month



Student Meal Price \$2.70  
Teacher/Staff Meal Price \$4.00  
Visitor Meal Price \$4.50



### Monday

2

Frito Chili Bowl  
Breaded Mozzarella Sticks w/Marinara  
Steamed Broccoli  
Baby Carrots w/Ranch

### Tuesday

3

Beef or Chicken Nachos w/ Queso Traditional or Spicy  
Pizza by the Slice  
Southwestern Beans  
Steamed Corn  
Lettuce & Tomato Salad

### Wednesday

4

Cheeseburger  
Dragon Bites w/Soft Breadstick  
Sweet Potato Fries  
Zucchini & Squash Dippers w/Ranch  
Sandwich Toppings

### Thursday

5

Chicken Alfredo Pasta Bake w/Garlic Toast  
Personal Pizza  
Seasoned Green Beans  
Caesar Side Salad

### Friday

6

BBQ Pork Plate w/Macaroni & Cheese & Garlic Breadstick  
Hot Dog  
Baked Beans  
Creamy Coleslaw w/Bell Pepper

National School Lunch Week October 9-13. Level up with School Lunch!

Secret Level Yang's Mandarin Orange Chicken w/Rice  
Game Launcher Turkey Flat Bread Club  
Celery & Bell Pepper Sticks w/Ranch / Steamed Broccoli

9

Bonus Beef or Chicken Nachos w/Jalapeno Cheddar Cheese Sauce  
Master Level Pizza by the Slice  
Southwestern Beans  
Steamed Corn  
Lettuce & Tomato Salad

10

Game Over Country Fried Steak w/Gravy & Roll  
Multi-Player Chicken Sandwich  
Original or Spicy  
Mashed Potatoes/Green Beans  
Sandwich Toppings

11

Level Up Lasagna w/Garlic Toast  
Power On Pizza by the Slice  
Steamed Corn  
Caesar Side Salad

12

3-D Dutch Waffle w/Sausage & Scrambled Eggs  
High Score Cheese Stuffed Breadsticks w/Marinara Fries  
Baby Carrots w/Ranch

13

Sloppy Tots w/Cinnamon Roll  
Breaded Mozzarella Sticks w/Marinara  
Steamed Broccoli  
Baby Carrots w/Ranch

16

Beef or Chicken Nachos w/ Queso Traditional or Spicy  
Pizza by the Slice  
Southwestern Beans  
Steamed Corn  
Lettuce & Tomato Salad

17

Chicken Pot Pie w/Biscuit Crust  
Cheeseburger  
Sweet Potato Mash  
Zucchini & Squash Dippers w/Ranch

18

Spaghetti Bake w/ Garlic Toast  
Personal Pizza  
Seasoned Green Beans  
Caesar Side Salad

19

Fish Sticks w/ Macaroni & Cheese  
Breaded Chicken Drumstick/Thigh w/Macaroni & Cheese  
Hot Dog  
Baked Beans/  
Coleslaw w/Bell Pepper

20

Yang's General Tso Chicken w/Rice  
Turkey Flat Bread Club  
Celery Sticks w/Ranch / Steamed Broccoli

23

Beef or Chicken Nachos w/Jalapeno Cheddar Cheese Sauce  
Pizza by the Slice  
Southwestern Beans  
Steamed Corn  
Lettuce & Tomato Salad

24

Meatloaf w/Roll  
Crispy Chicken Sandwich  
Original or Spicy  
Mashed Potatoes/Green Beans  
Sandwich Toppings

25

Chicken Parmesan w/ Spaghetti & Marinara  
Pizza by the Slice  
Steamed Corn  
Caesar Side Salad

26

Pepper Palooza Chicken Fajitas  
Cheese Stuffed Breadsticks w/Marinara Fries  
Baby Carrots w/Ranch

27

Frito Chili Bowl  
Breaded Mozzarella Sticks w/Marinara  
Steamed Broccoli  
Baby Carrots w/Ranch

30

Beef or Chicken Nachos w/ Queso Traditional or Spicy  
Pizza by the Slice  
Southwestern Beans  
Steamed Corn  
Lettuce & Tomato Salad

31

PBJ Combo Meal Available Daily



Menu includes choice of fresh & chilled fruit daily.

This institution is an equal opportunity provider.  
Menu subject to change based on availability.

Meals include choice of Skim, 1% or Fat-Free Flavored Milk

